



# STROKE SUPPORT GROUP

The Stroke Support Group meets the first Thursday of each month at Highpoint Health. The meetings are informal with occasional guest speakers. Participants will have time to socialize, express concerns, share coping strategies, and celebrate milestones.

Stroke survivors, friends, and family members are invited and encouraged to attend.

## 2019 MEETINGS:

Ohio Conference Room | 6:00 - 7:00 p.m.

- |              |               |              |
|--------------|---------------|--------------|
| - January 3  | - May 2       | - October 3  |
| - February 7 | - June 6      | - November 7 |
| - March 7    | - August 1    | - December 5 |
| - April 4    | - September 5 |              |



Speech Therapy  
812-537-8208  
MyHPH.org