

## Classes

### Breast-Feeding Class

Thursday | September 12 | 6:00 to 7:30 p.m.  
Ripley/Switz Room. To register call 812-537-8431 or email [education@MyHPH.org](mailto:education@MyHPH.org)

### Cardiac Rehabilitation (Phase II) Class

For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order. For fee information or to register call 812-532-2614

### Childbirth Education Class

Saturday | September 14 | 9:00 a.m. to 12:00 p.m.  
Dearborn Room. To register call 812-537-8431 or email [education@MyHPH.org](mailto:education@MyHPH.org)

### Diabetes Education Classes

By appointment only. For fee information or to register call 812-537-8323 or email [education@MyHPH.org](mailto:education@MyHPH.org)

### Online Cardiopulmonary Resuscitation (CPR) Class

Please call for class times and dates | \$20  
To register call 812-537-8431 or email [education@MyHPH.org](mailto:education@MyHPH.org)

### Pulmonary Rehabilitation (Phase II) Class

For individuals with chronic lung disease. Participation requires a physician's order. For fee information or to register call 812-532-2614

## Support Groups

### Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | September 17 | 7:00 p.m. | Ohio Room  
For those with Alzheimer's and their families.  
For information call Karen Brandt at 888-422-2691

### Best Foot Forward - Walking Grief Care Support Group

Saturdays | September 7 - October 26 | 9:00 a.m.  
Lesko Park, Aurora. For information or to register, contact Patti Warning, at 812-537-8192 or email [pwarning@MyHPH.org](mailto:pwarning@MyHPH.org)

### Breast Cancer Support Group

Thursday | September 19 | 7:00 to 8:30 p.m. | Ohio Room  
For those with breast cancer and their families.  
For information call Jan Tyler at 812-926-3927

### Moving Toward Control

Tuesday | September 10 | 5:30 to 7:00 p.m.  
Med/Surg Room. Diabetes Support Group.  
For information call Shawn Crandell at 812-537-8163

### Parkinson's Support Group

Monday | September 9 | 5:30 to 7:00 p.m. | Ohio Room  
For those with Parkinson's and their families.  
For information call Mary Beth Howard at 513-918-1440

## Events

### Blood Pressure/Blood Sugar Clinics

*Free blood pressure and blood sugar clinics at all locations.*

#### First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)  
11:00 a.m. | Dillsboro Village Apartments

#### Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

#### Second Friday of the month

11:00 a.m. | Lamplite Villa Apartments (Milan)

#### Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

#### Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

#### Fourth Thursday of the month

12:00 p.m. | Greendale Village Apartments

*For information call Home Health at 812-537-8192 or 800-676-5428*

### Hoxworth Blood Drive

Thursday | September 5  
8:30 a.m. to 3:00 p.m. | Dearborn/Ohio Room  
To schedule an appointment call 812-537-8431  
For information call 800-830-1091



### Mark Your Calendars!

#### Women's Health & Wellness Expo

Thursday, October 3 | 9:00 a.m. – 2:00 p.m.  
Lawrenceburg Event Center  
Visit [MyHPH.org/Expo](http://MyHPH.org/Expo) for more information!