

Classes

Basic TB and Skin Test Course

Wednesday | March 13 | 8:00 to 10:00 a.m. and 1:00 to 3:00 p.m. To register and for more information call 812-537-8431 or email education@myhph.org

Breast-Feeding Class

Thursday | March 28 | 6:00 to 7:30 p.m. To register call 812-537-8431 or email education@myhph.org

Cardiac Rehabilitation (Phase II) Class

For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order. For fee information or to register call 812-532-2614

Childbirth Education Class

Saturday | March 30 | 9:00 a.m. to 12:00 p.m. To register call 812-537-8431 or email education@myhph.org

Diabetes Education Classes

By appointment only. For fee information or to register call 812-537-8323 or email education@myhph.org

Support Groups

Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | March 19 | 7:00 p.m.
For those with Alzheimer's and their families.
For information call Karen Brandt at 888-422-2691

Beacons of Hope Grief Care Support Group

4-week support group for those who have lost a loved one through a traumatic death.
Tuesdays | March 5 - March 26 | 1:00 - 3:00 p.m.
For information or to register, contact Patti Warning at 812-537-8192 or email pwarning@myhph.org.

Breast Cancer Support Group

Thursday | March 21 | 7:00 to 8:30 p.m.
For those with breast cancer and their families.
For information call Jan Tyler at 812-926-3927

Moving Toward Control

Tuesday | March 5 | 5:30 to 7:00 p.m.
Diabetes Support Group.
For information call Shawn Crandell at 812-537-8163

Parkinson's Disease Support Group

Monday | March 11 | 5:30 to 7:00 p.m.
For those with Parkinson's and their caregivers.
For information call Mary Beth Howard at 513-918-1440

Events

Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)
11:00 a.m. | Dillsboro Village Apartments

Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

Second Friday of the month

11:00 a.m. | Lamplite Villa Apartments (Milan)

Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

Fourth Thursday of the month

12:00 p.m. | Greendale Village Apartments

For information call Home Health at 812-537-8192 or 800-676-5428

Living Well Health Fair

Saturday | March 2 | 7:00 a.m. to 12:00 p.m.

Living Well Health Fair offers a wide range of health screenings and exhibits for individuals 18 years of age and older and is open to the public.

Mark Your Calendars!

Living Well Health Fair

Saturday | April 13 | 8:00 to 11:00 a.m.
Miami Center | Cleves, OH



Highpoint Health Foundation Golf Tournament

Friday | June 7
Sugar Ridge Golf Club

