

Classes

Breast-Feeding Class

Thursday | January 24 | 6:00 to 7:30 p.m.
To register call 812-537-8431 or email
education@myhph.org

Cardiac Rehabilitation (Phase II) Class

For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order. For fee information or to register call 812-532-2614

Childbirth Education Class

Saturday | January 26 | 9:00 a.m. to 12:00 p.m.
To register call 812-537-8431 or email
education@myhph.org

Diabetes Education Classes

By appointment only. For fee information or to register call 812-537-8431 or email education@myhph.org

Online Cardiopulmonary Resuscitation (CPR) Class

To register call 812-537-8431 or email
education@myhph.org

Pulmonary Rehabilitation (Phase II) Class

For individuals with chronic lung disease. Participation requires a physician's order. For fee information or to register call 812-532-2614

Support Groups

Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | January 15 | 7:00 to 8:00 p.m.
For those with Alzheimer's and their families.
For information call Karen Brandt at 888-422-2691

Breast Cancer Support Group

Thursday | January 17 | 7:00 to 8:30 p.m.
For those with breast cancer and their families.
For information call Jan Tyler at 812-926-3927

Stroke Support Group

Thursday | January 3 | 6:00 to 7:00 p.m.
For information call 812-537-8208
Participants will have time to socialize, express concerns, share coping strategies and celebrate milestones.

Widows/Widowers Grief Care Support Group

4-week support group for those who have lost a partner.
Tuesdays | January 8 - January 29 | 1:00 - 3:00 p.m.
For information or to register, contact Patti Warning, Hospice Bereavement Coordinator, at 812-537-8192 or 800-676-5428 or email pwarning@myhph.org.

Events

Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)
11:00 a.m. | Dillsboro Village Apartments

Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

Second Friday of the month

11:00 a.m. | Lamplite Villa Apartments (Milan)

Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

Fourth Thursday of the month

2:00 p.m. | Greendale Village Apartments

For information call Home Health at 812-537-8192 or 800-676-5428

Hoxworth Blood Drive

Thursday | January 10 | 8:30 a.m. to 3:00 p.m.
To schedule an appointment call 812-537-8431
For information call 800-830-1091

