



## LIVING WELL HEALTH FAIR

Saturday, March 2, 2019

7:00 a.m. to noon

Highpoint Health Conference Rooms

### BLOOD CHEMISTRY ANALYSIS

1. All blood screening participants must be 18 years of age or older.
2. Please remember that to have blood drawn for the Blood Chemistry Analysis, HbA1c and/or the PSA, **you must provide the name and address of your physician/nurse practitioner.** This must be done at the time of registration, whether it is at a pre-registration site or at the hospital on the day of the health fair. **A copy of your screening results will be sent to both you and your physician or nurse practitioner for follow-up.**
3. Participants may wish to fast for 12 hours prior to having blood drawn for the Blood Chemistry Analysis.
4. People with diabetes should consult their physician/nurse practitioner before fasting.
5. Individuals who are under a physician/nurse practitioner's care and/or who require food or beverages, other than water, to be taken with their medications during the fasting period should consult their care provider.
6. Definition of fasting for health fair purposes—nothing to eat or drink except black coffee, plain tea, water and scheduled medications.
7. The cost of the Blood Chemistry Analysis is \$30. Payment is required on the day of the fair. Cash, major credit and debit cards, and personal checks will be accepted. Checks should be made payable to **Highpoint Health Living Well Health Fair.**
8. It is recommended that you consult with your personal care provider regarding the results of your screening(s).

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**Living Well Health Fair** screenings should be used as supplemental health information by the participant. They do not represent a diagnosis. Screenings do not replace and should not be considered a substitute for an examination by a physician/nurse practitioner.

If you have questions regarding the health fair or the Blood Chemistry Analysis screening program, please call Highpoint Health at 812/537-8190 or 800/676-5572, ext. 8190.

For information on physicians/nurse practitioners who are accepting new patients, a 24-hour Referral Line is available for your convenience. Please call 812/537-8300 or 800/676-5572, ext. 8300, or refer to the hospital's website at [www.myHPH.org](http://www.myHPH.org).