

Classes

Breast-Feeding Class

Thursday | December 6 | 6:00 to 7:30 p.m.
To register call 812-537-8431 or email
education@myhph.org

Childbirth Education Class

Saturday | December 8 | 9:00 a.m. to 12:00 p.m.
To register call 812-537-8431 or email
education@myhph.org

Diabetes Education Classes

By appointment only. For fee information or to register
call 812-537-8431 or email education@myhph.org

Infant Safe Sleep Class

Thursday | December 13 | 6:00 to 7:00 p.m.
- Free portable crib: must RSVP and complete class
- Infant survival kit
- Safe Sleep education
RSVP to Kelley McDaniel at 812-537-8834 or email at
kmcDaniel@dearborncounty.in.gov

Pulmonary Rehabilitation (Phase II) Class

For individuals with chronic lung disease.
Participation requires a physician's order.
For fee information or to register call 812-532-2614

Support Groups

Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | December 18 | 7:00 to 8:00 p.m.
For those with Alzheimer's and their families.
For information call Karen Brandt at 888-422-2691

Stroke Support Group

Thursday | December 6 | 6:00 to 7:00 p.m.
For information call 812-537-8208
Participants will have time to socialize, express concerns,
share coping strategies and celebrate milestones.

Events

Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)
11:00 a.m. | Dillsboro Village Apartments

Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

Second Friday of the month

11:00 a.m. | Lamplite Villa Apartments (Milan)

Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

Fourth Thursday of the month

2:00 p.m. | Greendale Village Apartments

For information call Home Health at 812-537-8192 or 800-676-5428

Dillard's Mini-Store

Wednesday | December 5 | 8:00 a.m. to 7:00 p.m.
Thursday | December 6 | 7:00 a.m. to 4:00 p.m.

Dillard's Department Store is
returning to Highpoint Health
for two days of community
Christmas shopping.

A percentage of all sales will go
to the Highpoint Health Auxiliary!

