



## COMMUNITY HEALTH NEEDS ASSESSMENT INITIATIVES 2019

### I. Substance Abuse

Substance abuse has been identified as a serious health concern throughout the region.

- Highpoint Health has partnered with the City of Lawrenceburg and other community groups on the Dearborn County Recovery Oriented System of Care initiative. Six workgroups have been developed to address the following concerns:
  - Stigma and service awareness
  - Screening for those at risk
  - Transportation
  - Recovery Hub
  - Peer Recovery Supports
  - Recovery Housing
- The Medical Stabilization program is available as an inpatient option at Highpoint Health. The Medical Stabilization RNs have been involved with education at local schools; they have also worked with CASA and One Voice to provide education and resources.

### II. Mental Illness

- Highpoint Health collaborates with the Community Mental Health Center to provide care for mental health issues and illness for inpatient and community-based care.
- Crisis Intervention Team collaboration with Law Enforcement, Community Mental Health Center, members of Emergency Department RN staff, and other community resources; monthly meetings and training provided.

### III. Access to Care/Services

- Highpoint Health is actively recruiting primary care physicians and have added nurse practitioners to increase access to care.
- Hours of service for some primary care providers have been extended to evenings and weekends.
- Volunteers in Medicine Clinic is available one day a week.
- Highpoint Health's Entitlement Caseworker identifies the uninsured, underinsured, and low income patients and assists them in accessing available public health coverage, medication assistance, and other needed programs or services.

#### IV. Chronic Disease

Chronic Illnesses – Chronic conditions including Chronic Obstructive Pulmonary Disease, Diabetes, and Heart diseases account for a large percentage of admissions and readmissions. Preventative strategies include targeting lifestyle, obesity, and disease prevention. Current programs at Highpoint Health include blood pressure/blood sugar clinics, support groups including Alzheimer’s Support, Parkinson’s Disease Support Group, and the Diabetes Support Group. Other education includes programs such as Cardiac Rehabilitation, Pulmonary Rehabilitation, and Diabetes Education.

- Highpoint Health provides individualized patient education to high-risk chronic illness patients during their hospital stay.

#### V. Healthy Behaviors

- Highpoint Health and the Dearborn County Health Department offer many prevention resources including agency sponsored activities such as Living Well Health Fair, Home Health sponsored Blood Pressure/Sugar Clinics and Support Groups including Eating Disorder Support Group, Parkinson’s Support Group, and Alzheimer’s Support Group.
- Free flu vaccines are provided for all employees, physicians and volunteers annually from September through March at Highpoint Health.
- Highpoint Health Breast Care Center with generous funding from the Indiana Breast Cancer Awareness Trust is providing free digital screening mammograms and limited other diagnostic testing and procedures for women who meet program guidelines.
- Millions of Americans who are at risk for stroke or death from vascular disorders are unaware of their risk. Low-cost screenings are available to identify the most common disorders of abdominal aortic aneurysm, peripheral arterial disease, and carotid artery stenosis. Low-cost screening is available for all three screenings at Highpoint Health.
- Childbirth classes, breast feeding classes, and safe sleep classes are provided by Highpoint Health Birthing Center staff members.