



Classes

Advanced Cardiac Life Support (ACLS) - Initial

Tuesday & Wednesday | February 13 & 14
For physicians, nurses and paramedics who have never taken the ACLS course or those with expired certification. To register call 812-537-8431 or email education@dch.org. (Classes are at Ivy Tech.)

Advanced Cardiac Life Support (ACLS) - Renewal

Tuesday | February 27
For those who need to meet the requirements of an American Heart Association ACLS renewal course. To register call 812-537-8431 or email education@dch.org. (Class is at Ivy Tech.)

Basic TB and Skin Test Course

Friday | February 9 | 8:00 to 10:00 a.m. & 1:00 to 3:00 p.m.
To register and for more information call 812-537-8431 or email education@dch.org

- **Breast-Feeding Class**
 - Thursday | February 8 | 6:00 to 7:30 p.m.
 - To register call 812-537-8431 or email education@dch.org
- **Childbirth Education Class**
 - Saturday | February 10 | 9:00 a.m. to 12:00 p.m.
 - To register call 812-537-8431 or email education@dch.org
- **Diabetes Education Classes**
 - By appointment only. For fee information or to register call 812-537-8323 or email education@dch.org
- **Infant Safe Sleep Class**
 - Thursday | February 15 | 6:00 to 7:00 p.m.
 - + Free portable crib: must RSVP and complete class
 - + Infant survival kit
 - + Safe Sleep education
 - RSVP to Kelley McDaniel 812-537-8834 or email at kmcdaniel@dearborncounty.in.gov

Support Groups

Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | February 20 | 7:00 p.m.
For those with Alzheimer's and their families.
For information call Karen Brandt at 888-422-2691

Breast Cancer Support Group

Thursday | February 15 | 7:00 p.m.
For those with breast cancer and their families.
For information call Jan Tyler at 812-926-3927

- **Stroke Support Group**
 - Thursday | February 1 | 6:00 to 7:00 p.m.
 - For information call 812-537-8208
 - Participants will have time to socialize, express concerns, share coping strategies and celebrate milestones.

Events

Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)
11:00 a.m. | Dillsboro Village Apartments

Second Tuesday of the month

10:00 a.m. | Lutheran Manor (Lawrenceburg)

Second Wednesday of the month

10:00 a.m. | Moores Hill Senior Center (SNAC)

Third Thursday of the month

10:15 a.m. | North Dearborn Village (SNAC)

Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

Fourth Thursday of the month

12:00 p.m. | Greendale Village Apartments

For information call 812-537-8192 or 800-676-5428

National Wear Red Day

Friday | February 2

- Help us raise awareness of heart disease in women and show your support for the women in your life by wearing red.



Mark Your Calendars!

Health-A-Fair at DCH

Saturday | March 3 | 7:00 a.m. to 12:00 p.m.

Moving Toward Control

Tuesday | March 6 | 5:30 to 7:00 p.m.
Diabetes Support Group