

BONE DENSITY SCREENING

A quick, convenient and painless method of assessing your risk of developing *osteoporosis*

Advanced DEXA (DXA) technology is available at Dearborn County Hospital. A DEXA scan can diagnose osteoporosis in the early stages before fractures or broken bones can occur.



Osteoporosis is preventable and treatable with early detection

ARE YOU AT RISK?

Chances of developing osteoporosis increase if you are:

- A woman approaching, during or past menopause
- A male age 65 or older
- Light skinned
- Thin or small framed
- Have a calcium-deficient diet
- Milk intolerant or have a low calcium intake
- A cigarette smoker or drink alcohol in excess
- Taking thyroid medication or steroid-based drugs for asthma, arthritis or cancer

Patients must have a physician's order for the scan.

- PREPARING FOR THE SCAN -

- Unless you are otherwise instructed, please eat as you normally would on the day of the exam; but avoid taking vitamins or calcium supplements for at least 24 hours prior to your appointment.
- You should wear loose and comfortable clothing, preferably without zippers, grommets, buttons or any other metal.
- You should not schedule a DEXA (DXA) scan within seven days of having a diagnostic imaging study where you received contrast material (intravenous or oral).

For more information, please call: **812-537-8105** or **800-676-5572, ext. 8105**



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Health Made Better, **Together.**